

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Catholic Charities of Winona #197501

Goal: Catholic Charities will sustain, across a broad swath of southern Minnesota, a high degree of accessibility, responsiveness, and advocacy for pregnant women and women with babies that is absolutely vital to providing alternatives to abortion.

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For the period/quarter: June 20 – September 30, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff. Complete grant forms. Attend required grant meetings. Provide ongoing crisis intervention counseling training.		Monthly staff meetings for licensed staff and individual consults with grant staff. Social workers and support staff report each call on an initial contact form and discuss needs and referral plans as needed. Attended the PA Grantee webinar. Development of new evaluation plan.	
Outreach	Place pregnancy posters across service area and check on them every three months. Distribute marketing materials to all school counselors, health personnel (doctors, public health) and agencies providing information on pregnancy services. Advertise in bathroom stalls. Distribute marketing folders to hospitals, county social workers, public health, schools etc, that		Staff distributed 42 <u>posters</u> to various locations. <u>In-person contact</u> was made with staff from 17 different community resource agencies and 19 <u>marketing folders</u> were distributed to staff from these places. Other <u>marketing</u> materials were distributed via mailings and in-person contacts to community resources. Staff are <u>active members</u> of Infant Mental Health, Private Adoption Agency Collaborative, Rochester Area Fatherhood Network, Olmsted Co. Homeless Community Network, Maternal, Child and	

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	<p>include a poster, fact sheet, postcard, facts and myths, and brochures.</p> <p>Handout marketing materials (brochures, pens, sticky notes, magnets and business cards) at all community events and direct contacts.</p> <p>Be available for presentations to local groups.</p> <p>Maintain/update the Catholic Charities website and facebook page.</p> <p>Participate in community events.</p> <p>Internet advertising.</p>		<p>Family Health Partnership, Catholic Charities USA, Mankato Community Network, Mankato Homeless Response Team, Steele County Community Services Collaborative, Blue Earth/Nicollet County Networking Group and Blue Earth County Project Community Connect.</p> <p><u>Presentations</u> were given to Worthington Deanery Council of Catholic Women, Hiawatha Valley Mental Health's children case managers, Business Networking International and Birthright of Winona. <u>Booths</u> were displayed at Nicollet County Resource Fair and Mayo Clinic Resource Fair.</p> <p><u>Advertising</u> via bathroom stall ads, Yellow Pages, Facebook, internet and website is on-going and updated as needed.</p>	
Adoption Education	<p>Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services.</p> <p>Catholic Charities social workers will request birthparent(s) complete a self-assessment of needs and concerns.</p> <p>Catholic Charities social workers will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide education and information on adoption options.</p>	10 - 15	<p>Provided 75 visits to birth parents in order to explore the option of adoption versus parenting and make a plan for their baby and supported their decisions. Assisted the women in being connected to local resources. Facilitated four adoption placements and provided support for the birth parents both prior to and after placement.</p>	75

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	<p>Catholic Charities social workers will provide counseling support services to placing birthparent(s) pre and post-birth.</p> <p>Catholic Charities social workers will provide counseling support and opportunities to improve family stability and self-sufficiency.</p>			
Education Assistance	<p>Catholic Charities navigators will request birthparent(s) complete an application and show proof of acceptance for secondary education.</p> <p>Catholic Charities navigators will work with birthparent(s) to develop an individual service plan that includes educational and life goals. Provide financial assistance from a pool of donated funds to help pregnant women and women with babies.</p> <p>Catholic Charities navigators will mentor while providing social and emotional support as women attend secondary educational courses.</p> <p>Catholic Charities navigators will assist women who are completing a degree with resume writing, interviewing skills, job search, and employment applications.</p> <p>Catholic Charities navigators will</p>	0 - 2	3 visits were provided to a single mother pursuing higher education. An individual service plan was developed, life goals identified and financial assistance provided. Staff provided social and emotional support as the birth mother attends secondary education courses.	3

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	continue to mentor women during employment and measure their long-term goals to reach financial stability.			
Financial Assistance	Provide financial assistance from a pool of donated funds to help pregnant women and women with babies. Assist women with the application for financial assistance from other agencies.	20 - 25	Staff worked with 44 women to process their need for financial assistance. Women received assistance for rent, utilities, medical, car and other expenses after participating in financial literacy training. Connected these women with other resource opportunities and assisted with other financial assistance applications.	44
Hotline	Licensed social workers provide assessments and make referrals to clients 24/7 via our pregnancy information hotline and calls to our offices.	40 - 45	Staff answered 156 calls to our office and 24 hour hotline, responded to six contacts that came via email or facebook and assisted three clients who walked into the office without scheduled appointments and provided assessments and referrals. Out of those contacts, 101 birth parents were eligible for services.	165
Parenting Education	Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services. Catholic Charities social workers will request birthparent(s) complete a self-assessment of concerns and needs. Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services. Catholic Charities social workers will request birthparent(s)	45 - 50	Staff provided 158 visits with birth parents who were making a parenting plan for themselves and their baby and/or were already parenting. Assisted the birth parents in being connected to local resources and provided essential parent education and support in addition to one-on-one financial literacy training and budgeting. Offered monthly parent education classes at three office sites with a total of 19 birth parents attending.	158

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	<p>complete a self-assessment of concerns and needs.</p> <p>Catholic Charities social workers will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide education and information on parenting options.</p> <p>Catholic Charities social workers will provide child safety education which includes safe sleep.</p> <p>Catholic Charities social workers will provide financial literacy education.</p> <p>Catholic Charities social workers will provide a Nurturing Healthy Families monthly education class.</p> <p>Pre-paid need based cards will be provided for completion of classes and bus passes and day care reimbursement will be available.</p> <p>Catholic Charities social workers will provide counseling support services to parenting birthparents pre and post birth to improve family stability and self-sufficiency.</p>			
Pregnancy Education	Catholic Charities social workers will provide birthparent(s) pregnancy support services which include information and referral for necessary services, including but	35 – 40	Provided pregnancy information and education, including options of adoption and parenting, through 85 visits with birth parents. Assisted the birth parents in being connected to local resources and provided essential pregnancy and parent education and support in addition to one-on-one financial literacy training and	85

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	<p>not limited to prenatal care to promote healthy pregnancy outcomes.</p> <p>Catholic Charities social workers will request birthparent(s) complete a self-assessment of concerns and needs.</p> <p>Catholic Charities will explore with birthparent(s) the options of parenting and/or adoption reality.</p> <p>Catholic Charities social workers will provide pregnancy education and information.</p> <p>Catholic Charities social workers will provide child safety education which includes safe sleep.</p> <p>Catholic Charities social workers will provide financial literacy education.</p> <p>Catholic Charities social workers will provide Nurturing Healthy Families monthly education classes.</p> <p>Pre-paid need based cards will be provided for completion of the classes and bus passes and day care reimbursement will be available.</p> <p>Catholic Charities social workers will provide counseling support to pregnant birthparents pre and post birth to improve family stability and self-sufficiency.</p>		budgeting. Offered monthly education classes at three office sites.	

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Provide Necessary Services to All Clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	25 - 35	In addition to self-assessments completed by clients, staff assessed birth parent needs and provided referrals for pregnancy and/or parenting support and other necessary services to 95 clients. Birth parents were able to self-identify their individual needs and discover opportunities available to them.	95
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	4 - 8	Staff provided assessment and referrals for necessary services only to 19 birth parents.	19

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	47
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	47
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	47

Challenges:

Comments: